

Prof. Shital Raut: Discipline of Players

ISBN 978-81-925945-5-2

New Horizon

Edited Book of Research Papers

January 2018

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Dr. Ranganath Mishra
Sigma Enterprizes
92/61, Shastri Nagar, Meerut, UP 250004

Printer

Gill Publication
Meerut City, UP 250002

Communication

Sigma Enterprizes
92/61, Shastri Nagar, Meerut, UP 250004
e mail – sigmaenterprizes@gmail.com

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Rs. 500/-

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Discipline of Players

- Prof. Shital Raut

Asst. Professor, Indira Mahavidyalaya,
Kalamb Dist. Yavatmal (M.S)

Introduction:

It is very important to control emotions in sports. If emotions are not controlled at right time, unwarranted situations can arise, as we seen during the World Cup Football final between France and Italy. France's star striker Zinedine Zidane would have been well aware about the consequences of his infamous Head Butt. The whole world was watching the match but still Zidane could not control his emotions. It is a well known fact that Fear, anger, love, jealousy, nervousness and other emotions control human behavior. But I have a different experience in my personal life. In my young days, I was a part of one of Vidarbhas most successful tennis ball cricket club. For a period of almost 20 years (1980-2000), the Vijayanta Cricket Club remained a team to beat. After a period of 25 years, when I take a look at progress of my fellow team-mates, obvious fact comes to the fore. Those who would follow the discipline of the ground abide to the code of conduct of the team; have today achieved fame and respect in their respective fields. Whereas those who were undisciplined, addicted to tobacco and other substances are struggling to live respectable life, even after having good potentials.

Research Methodology:

Under this chapter the Statement of the Problem, Objective of Study, Purpose of the Study, Hypothesis, Source of data, selection of test, and selection of subject and collection of data is described.

Hypothesis:

It is hypothesized that, the impact of discipline on the opinions of players can be better than other students.

- 1) There is an impact on opinions of team and individual players about discipline.
- 2) There is an impact on opinions of male and female students about discipline.
- 3) There is an impact on opinions of rural and urban students about discipline.
- 4) There is an impact on opinions of players and non players about discipline.

Source of Data:

In all 2000 students, in the age group of 18 to 25, were selected from Sant Gadge baba Amravati University, Amravati and Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur through Simple Random Method. The sample comprised male-female, rural-urban, players and non players, individual and team players.

Selection of test:

The Intelligent Quotient Test Questionnaire prepared by Dr. S Mathur, Director, VG Institute, Surendra Nagar, Gujarat and certified by Dr. Dubey, Director, Aarohi Psychology Centre, Jabalpur was used to determine the Intelligence Quotient.

Selection of the Subject:

In all 2000 students, in the age group of 18 to 25, were selected from two non-agriculture Universities, Sant Gadge baba Amravati University, Amravati and Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur through Simple Random Method.